

FRANCIS TUTTLE
COMMUNITY RESOURCE GUIDE
OF
GREATER OKLAHOMA CITY

Resource Information & Referral

Call 211

www.211oklahoma.org

What is 2-1-1?

2-1-1 is an easy to remember telephone number that connects people with important community services and volunteer opportunities. While services that are offered through 2-1-1 vary from community to community, 2-1-1 provides callers with information about and referrals to human services for every day needs and in times of crisis.

Mission

The Oklahoma 2-1-1 Advisory Collaborative is committed to the implementation of single points of entry to health and human services in all regions of the state. 2-1-1 telephone information and referral is intended to increase access in a manner that is consistent with the Alliance of Information and Referral Systems (AIRS)

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A. CHILD CARE

1. Resource & Referral --Child Care Connection--

www.rainbowfleet.org

1105 N.W. 45th St., Oklahoma City, OK 73118

The Resource Center

Hours: Monday 8 a.m.-5 p.m.

Tuesday 8 a.m.-5 p.m.

Wednesday 8 a.m.-5 p.m.

Thursday 8 a.m.-5 p.m.

Friday 8 a.m.-5 p.m.

Phone: (405) 521-1426 Call for rate

1-800-438-0008

(405) 525-8783 for Spanish

2. Child Care Assistance

<http://www.okdhs.org/programsandservices/cc/>

3. Boys & Girls Club of Oklahoma County

<http://www.bgcokc.org/>

3535 N Western Ave, Oklahoma City, OK

11am-7pm Annual Membership \$10

Ages 6-18 must be in 1st grade

Need to bring and Shot record

Serves a 3-mile radius from NW 36th & N Western

Phone: (405) 521-9292

4. Community After School Program

<http://www.caspinc.org/>

Grade K-5th Child has to be enrolled in Norman Public Schools

1023 N Flood Ave, Norman, OK

Phone: (405) 366-5970

5. Francis Tuttle Child Development Center

12777 N Rockwell Ave, Oklahoma City, OK

Hours: Monday 7 a.m.-6 p.m.

Tuesday 7 a.m.-6 p.m.

Wednesday 7 a.m.-6 p.m.

Thursday 7 a.m.-6 p.m.

Friday 7 a.m.-6 p.m.

Phone: (405) 717-4327

6. Community Action Agency (Head Start)

<http://www.caaofokc.org/>

319 SW 15th St, Oklahoma City, OK

Hours: Monday 8 a.m.-5 p.m.
Tuesday 8 a.m.-5 p.m.
Wednesday 8 a.m.-5 p.m.
Thursday 8 a.m.-5 p.m.
Friday 8 a.m.-5 p.m.

Phone: (405) 232-0199

7. Presbyterian Urban Missions

<http://www.urbanmissionokc.org/>

3737 N Portland, Oklahoma City, OK

Hours: Monday 1 p.m.-3:45 p.m.
Tuesday 1 p.m.-3:45 p.m.
Wednesday 1 p.m.-3:45 p.m.
Thursday 1 p.m.-3:45 p.m.
Friday 1 p.m.-3:45 p.m.

Food Pantry Open:

Tuesday 9 a.m.-1 p.m.
Thursday 9 a.m.-1 p.m.

Clothing Closet Open:

Tuesday 9 a.m.-2 p.m.
Wednesday 9 a.m.-2 p.m.
Thursday 9 a.m.-2 p.m.

Phone: (405) 946-1556

8. Salvation Army, Boys & Girls Club (Ages 6- 19)

<http://www.salvationarmyokcac.org/boys-girls-club>

2808 SE 44th St, Oklahoma City, OK

Hours: Monday 3 p.m.-6 p.m.
Tuesday 3 p.m.-6 p.m.
Wednesday 3 p.m.-6 p.m.
Thursday 3 p.m.-6 p.m.
Friday 3 p.m.-6 p.m.

Summer:

Monday 7 a.m.-6 p.m.
Tuesday 7 a.m.-6 p.m.
Wednesday 7 a.m.-6 p.m.
Thursday 7 a.m.-6 p.m.
Friday 7 a.m.-6 p.m.

Phone: (405) 677-4781

9. YMCA Prime-Time After-School Care

Edmond Branch

Hours: Monday 5 a.m.-10 p.m.
 Tuesday 5 a.m.-10 p.m.
 Wednesday 5 a.m.-10 p.m.
 Thursday 5 a.m.-10 p.m.
 Friday 5 a.m.-9 p.m.
 Saturday 7 a.m.-6 p.m.
 Sunday 1 p.m.-5 p.m.

Phone: (405) 348-9622

Northside Branch

Hours: Monday 5 a.m.-9:30 p.m.
 Tuesday 5 a.m.-9:30 p.m.
 Wednesday 5 a.m.-9:30 p.m.
 Thursday 5 a.m.-9:30 p.m.
 Friday 5 a.m.-9:30 p.m.
 Saturday 7 a.m.-5 p.m.
 Sunday 1 p.m.-5 p.m.

Phone: (405) 751-6363

Southside Branch

Phone: (405) 681-6636

10. YWCA

Gaylord Branch

2460 W I-44 Service Rd, Oklahoma City, OK

Victims of domestic violence and sexual assault

Phone: (405) 948-1770

B. CLOTHING – Free or Low Cost

1. Baptist Mission Center

<http://www.cbaokc.net/Baptist-mission-center>

2125 Exchange Ave, Oklahoma City, OK

Food baskets Thursday only 1pm-3pm

Prescription Refills

Day and Night Medical Clinics (appointment only)

Call for any dental or eye services for availability.

Photo I.D, SS Card for everyone in household, and proof of residency

Hours: Monday 8 a.m.-3:30 p.m.
 Tuesday 8 a.m.-3:30 p.m.
 Wednesday 8 a.m.-3:30 p.m.
 Thursday 8 a.m.-3:30 p.m.

Clothing Room hours:

Tuesday 9 a.m.-11 a.m.
 Thursday 9 a.m.-11 a.m.

Phone: (405) 235-6162

2. Christian Service Center

<http://www.christianservicecenter.net/>

115 SW 24th St, Oklahoma City, OK

Clients must be low income. Need photo ID in English,

May come once every 90 days.

Hours: Monday 9 a.m.-2 p.m.
 Tuesday 9 a.m.-2 p.m.
 Wednesday 9 a.m.-2 p.m.
 Thursday 9 a.m.-2 p.m.
 Friday 9 a.m.-2 p.m.

Phone: (405) 236-5956

3. First Baptist Church-Nicoma Park

<http://www.firstpark.org/>

1931 Nichols Dr., Oklahoma City, OK

Clothing and Food ministry

Photo ID required

Hours: Friday 10 a.m.-1 p.m.

Phone: (405) 769-5623

4. Good Shepherd Ministries

<http://www.goodshepherdokc.org/>

222 NW 12th St, Oklahoma City, OK

Adult medical & dental clinic call for app

Child dental clinic call for appointment

Hours:

Food Pantry:

Monday 4:30 p.m.-6:30 p.m.

Tuesday 4:30 p.m.-6:30 p.m.

Thursday 9 a.m.-11:30 a.m.

Clothing closet:

Monday 4:30p.m.-6:30 p.m.

Tuesday 1 p.m.-2:30 p.m.

Thursday 1 p.m.-2:30 p.m.

Phone: (405) 232-8631

5. Hope Center of Edmond

<https://hopecenterofedmond.com/>

1251 N Broadway, Edmond, OK

Clients must live in following zip codes: 73034, 73013, 73003,
73007

Hours: Monday 8:30 a.m.-4 p.m.

Tuesday 8:30 a.m.-4 p.m.

Wednesday 8:30 a.m.-4 p.m.

Thursday 8:30 a.m.-4 p.m.

Friday 8:30 a.m.-12 p.m.

Phone: (405) 348-1340

6. Jesus House-Warehouse

<http://www.hopecenterofedmond.com/>

1401 W Sheridan Ave, Oklahoma City, OK

Hours: Monday 8 a.m.-5 p.m.
 Tuesday 8 a.m.-5 p.m.
 Wednesday 8 a.m.-5 p.m.
 Thursday 8 a.m.-5 p.m.
 Friday 8 a.m.-5 p.m.

Phone: (405) 232-7164

7. Skyline Urban Ministry

<http://www.skylineurbanministry.org/>

500 SE 15th St, Oklahoma City, OK

Hours: Monday 1 p.m.-6 p.m.
 Tuesday 9 a.m.-2 p.m.
 Wednesday 1 p.m.-4 p.m.
 Thursday 9 a.m.-2 p.m.
 Friday 9 a.m.-12 p.m.

Phone: (405) 632-2644

8. Suited for Success

<http://www.suitedforsuccessokc.com/>

FT Students can receive vouchers for business attire
Before going on first interview.

For applications on campus see:

Amy Hanson (405) 717-4261 (Reno)

Vera Cheek (405) 717-4650

Phone: (405) 521-1089

9. Thrift Stores**Nearly New**

9218 N Western, OKC

(405) 848-4141

Salvation Army

(405) 236-3060

1742 W Lindsay-Norman

(405) 364-0126

301 N Mustang Rd

(405) 376-1044

620 City Ave, Moore

(405) 912-3376

EARC

100 E 3rd, Edmond

(405) 285-7658

Bargain Thrift

4545 NW 16th St, OKC

(405) 948-1092

10700 N Western Ave

(405) 753-6561

Goodwill

1317 E Lindsay-Norman

(405) 321-0551

6830 E Reno, Midwest City

405-737-3860

Uptown Thrift

7511 SE 15th, Midwest City

(405) 733-5600

C. CONSUMER SERVICES

1. Better Business Bureau

<http://www.bbb.org/local-bbb/better-business-bureau-of-central-oklahoma>

17 S Dewey, Oklahoma City, OK

Consumer Complaints

Hours: Monday 8:30 a.m.-4:30 p.m.
 Tuesday 8:30 a.m.-4:30 p.m.
 Wednesday 8:30 a.m.-4:30 p.m.
 Thursday 8:30 a.m.-4:30 p.m.
 Friday 8:30 a.m.-4:30 p.m.

Phone: (405) 239-6081

2. Community Action Agency of OKC/Canadian Counties

<http://www.caaofokc.org/>

319 SW 25th, Oklahoma City, OK

FEMA Mortgage/Rental Assistance

Services vary

Hours: Monday 8 a.m.-5 p.m.
 Tuesday 8 a.m.-5 p.m.
 Wednesday 8 a.m.-5 p.m.
 Thursday 8 a.m.-5 p.m.
 Friday 8 a.m.-5 p.m.

Phone: (405) 232-0199

3. Internal Revenue Service

<https://www.irs.gov/taxpayer-advocate>

Call or see their web page for Counseling Services & Programs

Phone: (405) 297-4057

D. COUNSELING SERVICES & PROGRAMS

www.odmhsas.org

Resource & Referral -- Reach-Out Hotline --

OK Dept. Mental Health & Substance Abuse Service's 24-hr toll
free crisis, information and referral hotline

Call SAM -- Anxiety/Stressed/Depressed

Phone: 800-522-9054

1-855-223-2SAM (2726)

Alcohol and Drugs

- 1. AACI**
<https://aaci.org/>
Phone: 1 (800) 2340420
- 2. Alcoholics' Anonymous**
<https://www.aa.org/>
Phone: (405) 524-1100
- 3. Alcohol/Drug Treatment Referral Center**
<http://www.trcok.com>
Phone: (405) 525-2525
- 4. Alcohol Training & Educ.**
<https://okduischool.com/>
Phone: (405) 943-7483
- 5. Chance to Change**
<https://achancetochange.org/>
Phone: (405) 840-9000
- 6. Red Rock Counseling**
<https://www.red-rock.com/>
Phone: (405) 354-1927
- 7. North Care Center**
<https://www.northcare.com>
Phone: (405) 858 2700
- 8. Reachout**
<http://www.okdrs.org/guide/reach-out>
Phone: 1 (800) 522-9054
- 9. Turning Point**
<http://www.turningpointokc.com/>
Phone: (405) 227-3757

Cancer Groups

- 1. American Cancer Society**
<https://www.cancer.org/about-us/local/oklahoma.html>
Phone: (405) 843-9888
1 (800) 227-2345

Domestic Violence

- 1. Passageway-Women's Crisis Center**
<https://www.ouhsc.edu/Safeprogram/>
Phone: (405) 949-1866 Hotline
- 2. Rape Crisis Center**
<https://www.occc.edu/support/assault.html>
Phone: (405) 943-RAPE Hotline
- 3. Safeline**
<https://www.thehotline.org/>
Phone: 1 (800) 522-7233 Hotline
- 4. YWCA**
<https://www.ywcaokc.org/>
Phone: (405) 948-1770 Admin office
(405) 917-9922 Hotline

Emergency/In-Patient**1. Heartline**

www.heartlineoklahoma.org
Phone: (405) 848-2273

2. St. Anthony's Behavioral Medicine

www.saintsok.com
Phone: (405) 272-6216

3. Integris Mental Health

<https://integrisok.com/services/line/mental-health-and-psychiatry>
Phone: (405) 951-2273

4. Cedar Ridge

<https://cedarridgebhs.com/>
Phone: (405) 605-6111

5. Children's Recovery Center

[https://www.ok.gov/odmhsas/Mental Health /Children's Recovery Center of Oklahoma.html](https://www.ok.gov/odmhsas/Mental_Health/Children's_Recovery_Center_of_Oklahoma.html)
Phone: (405) 364-9004

For Women**1. Birth Choice**

www.birthchoice.org
Phone: (405) 631-4477

2. Planned Parenthood

www.plannedparenthood.org
Phone: (405) 528-2157

3. Women's Resource Center/Women's Shelter

wrc@wrcweb.net
Phone: (405) 364-9424

General**1. Catholic Charities**

<https://stjosephsok.org/missionary-outreach/counseling>
Phone: (405) 524-0969

2. Life Counseling

<https://www.nwokc.com/list/member/renew-counseling-center-at-snu-bethany-180>
Phone: (405) 717-6200

3. North Care Center

<https://clinics.cmac.ws/north-care/30180/>

Phone: (405) 272-0660

4. Edmond Family Services

<https://www.edmondfamily.org/>

Phone: (405) 341-3554

5. Red Rock Mental Health Care

<https://www.red-rock.com/>

Phone: (405) 424-7711

6. Youth Services

<http://www.okdrs.org/guide/youth-services-oklahoma-county-inc>

Phone: (405) 235-7537

7. The Center for Brief Counseling

UCO-3rd floor of the new Education Building

<https://www.uco.edu/ceps/centers-and-clinics/center-for-brief-counseling/>

Phone: (405) 974-5290

Heart Support Services**1. American Heart Association**

<https://www.heart.org/en/affiliates/oklahoma/oklahoma-city>

Phone: (405) 942-2444

Loss of Loved Ones**1. Calm Waters (For Children)**

<https://www.calmwaters.org/>

Phone: (405) 841-4800

2. Grief Support (Mercy)

<https://www.mercy.net/practice/mercy-pastoral-services-oklahoma-city/>

Phone: (405) 752-3776

3. Chapter Two (Integrus Baptist)-adults

<https://integrisok.com/services>

Phone: (405) 949-3195

4. Grief Support (St. Anthony)

<https://www.ssmhealth.com/resources/for-patients/pastoral-care>

Phone: (405) 272-6220

5. Grief Support (OU Med Center)

<https://www.oumedicine.com/oumedicine/ou-medical-center/hospital-Information/pastoral-care>

Phone: (405) 271-5758

Parenting and Family

1. Catholic Charities

www.catholiccharities.org

Phone: (405) 523-3000

2. Child Study Center

<https://www.oumedicine.com/ou-physicians/locations-of-care/child-study-center>

Phone: (405) 271-5700

3. Exchange Club Parent/Child Ctr.

<https://www.oumedicine.com/ou-physicians/locations-of-care/child-study-center>

Phone: (405) 232-2500

4. Okla. County Health Department

[https://www.ok.gov/health/Family Health/Child Guidance Program/Child Guidance Program/index.htm](https://www.ok.gov/health/Family_Health/Child_Guidance_Program/Child_Guidance_Program/index.htm)

Child guidance, immunizations, screenings

Phone: (405) 271-5600

5. Oklahoma County Health Dept.

“Children First Program” - Helps first-time mothers & their families

ChildrenFirst@occhd.org

Phone: (405) 419-4106

6. West Division

www.occhd.org

Women’s Health & Maternity

Phone: (405) 419-4150

7. Parent Assistance Center

www.familybuildersok.org

Phone: (405) 232-8226

Support Groups

1. AIDS/HIV-Catholic Charities

<https://catholiccharitiesok.org/get-help>

Phone: (405) 523-3000

2. AIDS Hotline

[https://www.ok.gov/health/Oklahoma State Department of Health Hotlines.html](https://www.ok.gov/health/Oklahoma_State_Department_of_Health_Hotlines.html)

Phone: (800)-535-2437

3. **Alzheimer's Association**
<https://www.alz.org/oklahoma>
 Phone: (405) 319-0780
4. **Divorce (Pastoral Center)**
<https://archokc.org/contact>
 Office of Family Life
 Phone: (405) 721-5651 x 148
5. **Learning Disabilities Assoc.**
www.ldaoklahoma.com
 Phone: (918) 298-1600
6. **Lupus Association**
<https://www.oklupus.org/>
 Phone: (405) 225-7510
7. **MADD (Mothers Against Drunk Drivers)**
<https://www.madd.org/>
 Phone: (405) 748-3122
8. **Parents Assistance Center**
<https://familybuildersok.org/>
 Phone: (405) 232-8226
9. **Parent/child Abuse Okla.**
<https://parentpromise.org/>
 Phone: (405) 232-2500
10. **Divorce Counseling-Catholic Charities**
<https://stjosephsok.org/missionary-outreach/counseling>
 Phone: (405) 524-0969

Terminal Illness

1. **Hospice (Integrus)**
<https://integrisok.com/locations/hospice-and-home-care/integrus-hospice-in-okc>
 Phone: (405) 848-8884

E. DENTAL/MEDICAL/EYE CARE

There are various medical programs that offer general or specialized clinic services to low-income and unemployed families and individuals. Fees are based on clients' ability to pay. If hospitalization is needed, ask hospital about Social Work Dept. and Title 19 funds. To determine services provided, call the agencies listed below:

1. **Baptist Mission Center**
http://cbaokc.net/baptist_mission_center
 Medical & Dental Clinics, Pharmacy
 Phone: (405) 235-6162
2. **Catholic Charities**
<https://catholiccharitiesok.org/>
 Phone: (405) 523-3000
3. **Family Medical Clinics**
<https://www.oumedicine.com/oumedicine/primary-care>
 Phone: (405) 271-4311
4. **Good Shepherd Ministries**
<http://goodshepherdokc.org/>
 Medical & Dental Clinics
 Phone: (405) 232-8631
5. **Healing Hands Health Care Service**
<https://communityhealthok.org/healing-hands-health-care-services-okc>
 Phone: (405) 272-0476
6. **Hope Center of Edmond**
<https://hopecenterofedmond.com/clinic/>
 OB and WIC only
 Clients must live in following zip codes: 73034, 73013, 73003, and 73007
 Phone: (405) 348-4680
7. **Infant Crisis**
<https://www.infantcrisis.org/>
 Phone: (405) 528-3663
8. **Integris Health (Southwest Medical)**
<https://integrisok.com/locations/hospital/integris-southwest-medical-center>
 24 hours a day
 Phone: (405) 636-7000
9. **Lions Club (Eye glasses)**
www.oklahomalions.org
 Phone: (405) 947-6540
10. **Little Flower Church Clinic**

Hours:	Monday	1 p.m.-7p.m.	Pediatric
	Tuesday	5:30 p.m.	Adults
	Wednesday	5:30 p.m.	Adults
	Thursday	5:30 p.m.	Adults
Phone:	(405) 235-7055		

- 11. Mary Mahoney Health Center**
<https://communityhealthok.org/>
Phone: (405) 769-3301
- 12. NSO Dental Clinic**
<https://nsookc.org/dental/>
Phone: (405) 236-0413 ext. 111
- 13. OK County Health Department**
<https://occhd.org>
Phone: (405) 427-8651
- 14. OK Society to Prevent Blindness**
<https://vizavance.org/>
Phone: (405) 848-7123
- 15. OU College of Dentistry**
<https://www.freedentalcare.us/li/ou-college-of-dentistry-dental-hygiene-dept.>
Phone: (405) 271-6056
- 16. Prevent Blindness America**
- <https://rarediseases.org/organizations/prevent-blindness-america/>
Phone: 1-800-331-2020
- 17. Rose State University Hygiene Clinic**
(\$5 Charge for teeth cleaning)
<https://www.freedentalclinics.us/lis/rose-state-college-dental-hygiene-clinic>
Phone: (405) 733-7336
- 18. Open Arms Free Clinic**
<https://openarmsokc.org>
Phone: (405) 789-0458
- 19. Variety Health Center**
www.varietycare.org
Phone: (405) 632-6688
- 20. Kings Klinik**
<https://www.kingsklinik.com/>
Phone: (405) 848-4005
- 21. Community Action**
<https://communityactionpartnership.com/>
Phone: (405) 232-0199

22. Crossings Community Clinic<https://crossings.church/clinic/>

Phone: (405) 755-2227

23. LIONS Eye Bank<https://www.oklahomalionseyebank.org/>

Phone: (405) 947-6540

24. Baptist Community Clinic<https://bchsnola.org/>

Phone: (405) 951-4804

25. Oklahoma Mission of Mercy<https://www.okmom.org/>

Free Dental Clinics in February around Oklahoma

26. D-Denthttps://www.d-dentok.org/d-dentok.org/D-DENTs_Programs.html

Dental care for adults with disabilities & seniors

Phone: (800)-522-9510

27. Edmond-Ministries of Jesus Dental Clinic<http://www.moj.com/>

Phone: (405) 340-7400

28. NSO Dental Clinic<https://nsookc.org/>

Phone: (405) 236-0413

29. OU Dental Hygiene Dept<https://dentistry.ouhsc.edu/Patients>

Phone: (405) 271-7744

30. Perry A. Klaassen Family Dental Clinic<https://communityhealthok.org/>

Phone: (405) 769-3301

F. EDUCATION**1. GED Testing**<https://academy.putnamcityschools.org/>

*Call first for application and test fee price

Putnam City Academy<https://academy.putnamcityschools.org/>

Phone: (405) 495-8838

OKC Community College<http://www.occc.edu/acs/gedclasses.html>

Phone: (405) 682-7531

Education and Employment Ministry<https://www.teem.org/>

Phone: (405) 235-2651

2. Literacy Classes<https://www.okcps.org/Page/2308>

OKCPS Adult Learning Center

Phone: (405) 587-1000

Opportunity Industrialization Center<https://oicokc.org/about/>

3033 N Walnut Ave, Bldg., East Oklahoma City, OK

Phone: (405) 235-2651

Community Literacy Center

5131 N Classen Cr, Suite 204

<https://www.communityliteracy.com/>

Phone: (405) 524-7323

3. Work Force Investment Act

Provides on-the-job training, financial assistance for training, and other services to dislocated workers.

4. Work Force Oklahoma<http://swb-ok.com/>

Phone: (405) 208-2519

G. EMPLOYMENT**1. AARP Senior Employment**<https://local.aarp.org/oklahoma-city-ok/jobs/?keyword=senior+employment+&location=+Oklahoma+City%2C+OK+&submit=Find+Now%21>

5300 N. Meridian Ave #8

Phone: (405) 879-3899

2. Catholic Charities<http://catholiccharitiesok.org/>

Phone: (405) 523-3000

3. Community Action Agency

<https://www.caaofokc.org/>

Phone: (405) 232-0199

4. Express Personnel

6401 NW Expressway, OKC, Suite 108

<https://www.expresspros.com/OKC/>

Phone: (405) 720-1000

804 West I-240 Service Rd, OKC

<https://www.expresspros.com/OKC/>

Phone: (405) 634-6600

5. Work Force Oklahoma

<http://swb-ok.com/>

Phone: (405) 208-2519

H. EX-OFFENDER PROGRAMS

1. Reentry Programs

<https://exoffenders.net/reentry-programs-assistance/oklahoma/>

2. Cardinal Halfway House

<https://cardinalcommunityhouse.com/>

517 SW 2nd, Oklahoma City, OK

Phone: (405) 232-0231

I. FOOD

1. Central SDA Church

<https://www.okccentralsda.org/contact>

4747 NW 63rd St, Oklahoma City, OK

Based on income and number in family.

Drive under covered walkway, building to left behind parking lot.

First door on east side of building.

Need ID, Proof of residency (utility bill)

Hours: Wednesday 10 a.m.-2 p.m.

2. Food Closet

Francis Tuttle--See Career Planning Center

3. Food Stamps – DHS

<http://www.okdhs.org/services/snap/Pages/default.aspx>

To apply for food stamps you must have:

1. Social Security Number

2. Driver's License

3. Birth Certificate for each child

4. Rent Receipt to show residency
5. Must not have QUIT job within the past 60 days. If you apply for emergency stamps, you will receive them in about 7-10 days. DHS will give you the name of a food pantry where you can get food for 5 days.

North

2409 N Kelly, OKC

Phone: (405) 522-5818

South

309 SW 59th Ste. 200, OKC

Phone: (405) 644-5700

Southeast

7430 SE 15th, OKC

Phone: (405) 739-8000

4. Guild of St. George

<http://www.okdrs.org/guide/guild-st-george>

117 NW 7th, Oklahoma City, OK

Hours: Monday 9 a.m.-12 p.m.

Wednesday 9 a.m.-12 p.m.

Friday 9 a.m.-12 p.m.

Phone: (405) 232-2288 (recorded message)

5. Good Shepherd Ministries

http://www.cbaokc.net/grace_rescue_mission

Phone: (405) 232-8631

6. Grace Rescue Mission

http://www.cbaokc.net/grace_rescue_mission

2205 Exchange Ave, Oklahoma City, OK

(Call before 6pm for serving line)

Phone: (405) 232-5756

7. Hope Center of Edmond

<https://hopecenterofedmond.com/>

1251 N Broadway, Edmond, OK

Clients must live in following zip codes: 73034, 73013, 73003, 73007

Hours: Monday 9:30 a.m.-5 p.m.

Tuesday 9:30 a.m.-5 p.m.

Wednesday 9:30 a.m.-5 p.m.

Thursday 9:30 a.m.-5 p.m.

Friday 9:30 a.m.-12 p.m.

Phone: (405) 348-1340

8. Salvation Army Serving Line and Food Pantry

<https://salvationarmyokcac.org/social-services/food-assistance/>

Hours: Monday 9 a.m.-12 p.m.
 Tuesday 9 a.m.-12 p.m.
 Wednesday 9 a.m.-12 p.m.
 Thursday 9 a.m.-12 p.m.
 Friday 9 a.m.-12 p.m.
 Phone: (405) 246-1100

J. HOUSING**1. Christian Service Center**

<http://christianservicecenter.net/>

115 SW 24th St, Oklahoma City, OK

Hours: 9 a.m.-2 p.m. Furniture
 Phone: (405) 236-5956

2. HUD, Section 8, & OCHA

<https://affordablehousingonline.com/>

3. Oak Ridge

<https://www.myoakridgeapts.com/>

3344 S Bryant, Del City, OK

Phone: (405) 670-2607

4. College View

<https://www.apartments.com/college-view-apartments-edmond-ok/8enj7r1/>

1124 Kennedy, Edmond, OK

Phone: (405) 341-2867

5. East Town Village

<https://www.apartmentfinder.com/>

2000 Woodlawn, Guthrie, OK

Phone: (405) 282-2030

6. Jamestown Square Apts

https://www.publichousing.com/details/jamestown_square

1200 NW 10th Pl, Moore, OK

Phone: (405) 848-3778

7. Vicksburg Village

<http://www.vicksburgvillageapts.com/>

200 SE Vicksburg, Norman, OK

Phone: (405) 360-6724

- 8. Chaparral Townhouses**
<https://www.liveatlondonsquareapt.com/home.aspx>
1301 N Stiles, Oklahoma City, OK
Phone: (405) 225-1889
- 9. Hillcrest Green Apts**
<https://www.apartmentfinder.com/>
3317 SW 75th, Oklahoma City, OK
Phone: (405) 682-2622
- 10. London Square Village**
<https://www.liveatlondonsquareapt.com/home.aspx>
7533 NW 6th, Oklahoma City, OK
Phone: (405) 787-7421
- 11. Rockwell Villa Apts**
<https://www.apartmentfinder.com/>
929 N Rockwell, Oklahoma City, OK
Phone: (405) 787-9403
- 12. Will Rogers Apts**
<https://www.apartmentfinder.com/>
1620 Heyman, Oklahoma City, OK
Phone: (405) 632-6060
- 13. Oak Grove Apts**
<https://www.ochanet.org/>
3301 SW 17th, Oklahoma City, OK
Phone: (405) 681-2381
- 14. Sooner Haven**
<https://www.apartmentfinder.com/>
1444 NE 36th, Oklahoma City, OK
Phone: (405) 424-4651
- 15. Fred Factory Gardens**
<https://www.ochanet.org/>
3901 Dunjee Blvd, Oklahoma City, OK
Phone: (405) 769-3393
- 16. Ambassador Courts**
<https://www.apartmentfinder.com/>
800 SE 15th, Oklahoma City, OK
Phone: (405) 631-3769
- 17. Neighborhood Services Organization, Inc.**
<https://nsookc.org/>
8101 S Walker Ave, Oklahoma City, OK
Phone: (405) 236-0452

18. Oklahoma City Housing Authority

<http://www.ochanet.org/>

1700 NE 4th, Oklahoma City, OK

Phone: (405) 239-7551

19. Guthrie Housing Authority

<http://guthriehousing.org/>

1524 E Perkins, Guthrie, OK

Phone: (405) 282-3246

20. Oklahoma Housing Finance Agency

<http://www.ohfa.org/>

1140 NW 63rd St, Oklahoma City, OK

Hours: Monday 8 a.m.-4:45 p.m.

Tuesday 8 a.m.-4:45 p.m.

Wednesday 8 a.m.-4:45 p.m.

Thursday 8 a.m.-4:45 p.m.

Friday 8 a.m.-4:45 p.m.

Phone: (405) 848-1144

21. Salvation Army Men's Shelter

<https://salvationarmyokcac.org/mens-and-family-womens-shelter/>

330 SW 4th, Oklahoma City, OK

Phone: (405) 270-7839

22. Salvation Army Women's Shelter

<https://salvationarmyokcac.org/mens-and-family-womens-shelter/>

516 S Hudson, Oklahoma City, OK

Family Lodge/Single Parents w/children/Women

Phone: (405) 270-7833

K. LEGAL SERVICES**1. Legal Aid of Western Oklahoma Oklahoma & Canadian Co only**

<https://www.legalaidok.org/>

2901 Classen Blvd, Suite 112, Oklahoma City, OK

Oklahoma & Canadian Counties only

Hours: Monday 8:30 a.m.-5 p.m.

Tuesday 8:30 a.m.-5 p.m.

Wednesday 8:30 a.m.-5 p.m.

Thursday 8:30 a.m.-5 p.m.

Friday 8:30 a.m.-5 p.m.

Phone: (405) 557-0020

2. OK CO Bar Associations

<https://www.okcbar.org/default.aspx>

119 N Robinson, Oklahoma City, OK

Low cost fees are charged

Phone: (405) 236-8421

L. MISCELLANEOUS RESOURCES

1. Social Security Benefits

<https://www.ssa.gov/onlineservices/>

2615 Villa Prom, Oklahoma City, OK

Retirement/Disability/Survivors Benefits

Phone: (866) 331-2207

2. Urban League of Greater OKC

<https://www.urbanleagueok.org/>

3900 N. Martin Luther King, Oklahoma City, OK

Food, after school tutoring, education and workforce training,

Small business, 1st time homebuyers

Phone: (405) 424-5243

3. Veterans Benefits

<https://www.va.gov/>

Phone: 1-800-827-1000

M. OTHER RESOURCES

For assistance with welfare, childcare, food stamps and other services provided by the Department of Human Services.

1. DHS

<http://www.okdhs.org>

2409 N Kelly, Oklahoma City

(405) 522-5818

401 W Commerce, Oklahoma City

(405) 644-5700

9901 SE 29th St, Oklahoma City

(405) 739-8000

940 NE 13th, Oklahoma City

(405) 271-3325

631 E Robinson, Norman

(405) 321-1434

219 S Broad, Guthrie

(405) 282-4500

N. PRESCRIPTIONS

1. Neighbor for Neighbor

<https://www.neighborforneighbor.org/donate>

300 SW 13th, Oklahoma City, OK

Phone: (405) 236-0473

2. **Oklahoma County Pharmacy**
<https://www.oklahomacounty.org/167/Pharmacy-Services>
**Must call to verify coverage
Phone: (405) 713-1893
3. **The Medicine Program**
<http://www.themedicineprogram.com>
4. **OK DRS Section 6: Prescription Drug Assistance:**
http://www.okdrs.org/guide/05_06
5. **Rx for Oklahoma Prescription Assistance:**
<https://okcommerce.gov/assistance/rx/>
6. **Oklahoma Rx Assistance Programs:**
<https://www.staterxplans.us/oklahoma.html>

O. SENIORS

1. **Senior Employment Program (AARP)**
<https://www.aarp.org/aarp-foundation/our-work/income/scsep/>
2200 NW 50th St, Oklahoma City, OK
Phone: (405) 879-3899
2. **Areawide Aging Agency**
<https://www.areawideaging.org/>
3200 NW 48th Suite 104, Oklahoma City, OK
Phone: (405) 942-8500

P. SERVICES FOR PERSONS WITH DISABILITIES

1. **Vocational Rehabilitation or Visual Services**
<http://okrehab.org/>
3535 NW 58th St, Oklahoma City, OK
Phone: (405) 951-3400

Q. TRANSPORTATION

1. **METRO-TRANSIT (Embark)**
<https://www.metrotransit.org/home>
Phone: (405) 235-RIDE (235-7433)

R. UTILITIES

1. DHS - Emergency Assistance

<http://www.okdhs.org/>

Low Income Home Energy Assistance Program

Energy Crisis Assistance Program

Apply at local DHS office (See Other Resources in this booklet for phone numbers)

Phone: (405) 522-5818

2. Guild of St. George

<http://www.okdrs.org/guide/guild-st-george>

117 NW 7th St, Oklahoma City, OK

Hours: Monday 10 a.m.-1 p.m.

Wednesday 10 a.m.-1 p.m.

Friday 10 a.m.-1 p.m.

Phone: (405) 232-2266

3. Hope Center

<https://hopecenterofedmond.com/>

1251 N Broadway, Edmond, OK

Phone: (405) 348-1340

4. Lend-a-Hand Program - OG&E

<http://salvationarmyaok.org/programs/social-services/lend-a-hand/>

Funds dispersed through the Salvation Army

Phone: (405) 840-0735

5. Local churches maybe a resource for assistance with utilities through discretionary funds.

6. Neighbor for Neighbor

300 SW 13th, Oklahoma City, OK 73109

One Time only assistance

Gas/electric total bill not to exceed \$100 - will pay \$30-40

Water not to exceed \$75, will pay portion

Will not assist in public housing

Hours: Monday 9 a.m.-1:45 p.m.

Tuesday 9 a.m.-1:45 p.m.

Thursday 9 a.m.-1:45 p.m.

Friday 9 a.m.-1:45 p.m.

Closed from 12 p.m.-12:30 p.m.

Phone: (405) 236-0473

7. Salvation Army - Social Service Office

<http://salvationarmyokcac.org/>

330 SW 4th St, Oklahoma City, OK

Also contact for Share the Warmth program

Phone: 405-246-1060
405-246-1070

S. SERVICES FOR SPANISH SPEAKERS

Health Services/Servicio Medico

1. Centro Medico Hispano

<http://www.centromedicohispano.com>

1700 Exchange Ave. OKC, 73108

General Care for Families • Women, adult, and children's health •
Minor surgeries (sutures, abscesses, skin lesions, fat tumors,
etcetera) • Foot care (ulcers, ingrown toenails, infections, etc.)
Wound care. • Cancer Prevention • All kinds of Vaccines/shots and
Medications

Hours: Monday 1:30 p.m.–9 p.m.
Tuesday 1:30 p.m.–9 p.m.
Wednesday 1:30 p.m.–9 p.m.
Thursday 1:30 p.m.–9 p.m.
Friday 1:30 p.m.–9 p.m.
Saturday 9 a.m.–1 p.m.
Phone: (405) 235-7411
(405) 235-7412

2. Variety care

<http://www.varietycare.org/>

Several locations throughout the state

Hours: Hours vary from location
Phone: (405) 632-6688
(866) 388-6688 – Toll free

3. Oklahoma Autism Network

<https://okautism.org/Information-Resources/Support-Groups>

University of Oklahoma Health Sciences Center

1200 North Stonewall Avenue, Oklahoma City, OK 73117

Phone: (405) 271-2630
(405) 271-7476
(877) 228-8476

Child Care/Guarderia

1. Mimi's Garden CDC Day Care

<http://mimisgardencdc.com/>

4520 SW 33rd St, Oklahoma City, OK 73179

Hours: Monday 6 a.m.-6 p.m.
 Tuesday 6 a.m.-6 p.m.
 Wednesday 6 a.m.-6 p.m.
 Thursday 6 a.m.-6 p.m.
 Friday 6 a.m.-6 p.m.

Phone: (405) 685-2122

Dreamland

3124 S Pennsylvania Avenue, Oklahoma City, OK 73119

Phone: (405) 606-4413

Tiny Town

2616 SW 74th St, Oklahoma City, OK 73159

Phone: (405) 682-2122

Mimi's Learning Center

8020 NW 10th St, Oklahoma City, OK 73127

Phone: (405) 762-0362

2. The Bilingual Schoolhouse

<https://www.bilingualschoolhouse.com/>

3131 NW 50th Oklahoma City, OK 73112

Hours: Monday 9 a.m.-3 p.m.
 Tuesday 9 a.m.-3 p.m.
 Wednesday 9 a.m.-3 p.m.
 Thursday 9 a.m.-3 p.m.
 Friday 9 a.m.-3 p.m.

Phone: (405) 476-1344

Insurance/Aseguranza

1. Insure Kids Now

<https://www.insurekidsnow.gov/>

Phone: 1 (877) 543-7669 (KIDS-NOW)

Legal Services

1. Attorney Part Of Fry & Elder

<https://fryelder.com/tulsa-spanish-speaking-attorney/>

1630 S. Main Street, Tulsa, OK 74119

As a member of the American Immigration Lawyers Association (AILA) and Hispanic National Bar Association (HNBA), Rivas provides a host of immigration law services that include:

- a) Asylum
- b) Business Immigration
- c) Citizenship/Naturalization
- d) Deferred Action for Childhood Arrivals
- e) Deportation/Removal Defense
- f) Family Immigration
- g) Fiancé Visa
- h) Humanitarian Relief
- i) Immigration Consequences of Criminal Activity

j) Special Immigrant Juvenile Status

k) Waivers

Phone: (918) 585-1107

2. Hispanic Equal Legal Protection, Inc.

[https://www.immigrationadvocates.org/nonprofit/legaldirectory/organization.531177-Hispanic Equal Legal Protection Inc#:~:text=Yes-.Hispanic%20Equal%20Legal%20Protection%2C%20Inc.,attorney%20representation%20in%20court%20hearings.](https://www.immigrationadvocates.org/nonprofit/legaldirectory/organization.531177-Hispanic%20Equal%20Legal%20Protection%2C%20Inc.,attorney%20representation%20in%20court%20hearings)

3725 NW 32nd St., Oklahoma City, OK 73112

Hours: Monday 10 a.m.-4 p.m.
 Tuesday By appointment only
 Wednesday 10 a.m.-4 p.m.
 Thursday By appointment only
 Friday 10 a.m.-4 p.m.

Phone: (405) 708-9521

Support groups/Grupos de apoyo

1. National Hispanic Family Health Help Line, “Su Familia”

<https://www.healthyamericas.org/help-line>

Su Familia offers Hispanic consumers free and reliable health information to help prevent and manage chronic conditions. They maintain a nationwide database to refer callers to local health care providers and federally supported health programs.

Phone: 1(866) 783-2645 (1 (866) Su-Familia)

2. OKC Counseling Group

<https://okccounselinggroup.com/>

3000 United Founders Blvd, Suite. 148, Oklahoma City, OK 73112

Hours: Monday 8 a.m.-7 p.m.
 Tuesday 8 a.m.-7 p.m.
 Wednesday 8 a.m.-7 p.m.
 Thursday 8 a.m.-7 p.m.
 Friday 8 a.m.-7 p.m.

Phone: (405) 286-1657
 (405) 823-2691 Spanish

3. Drug Rehab and Treatment

<https://www.addicted.org/drug-alcohol-rehabs-for-spanish-speaking-individuals.html>

Phone: 1 (800) 304-2219

4. AL-ANON Family Groups

<https://al-anon.org/es/>

Phone: 1 (888) 4AL-ANON (1 (888) 425-2666)

5. AA Alcoholics Anonymouswww.aaoklahoma.org

Phone: (918)627-2224 24 Hr. Hotline
 (405)842-1200 Main number

6. Intergroup Service Office Inc.www.okcintergroup.org

Phone: (405)949-0910 Main number
 (405)524-1100
 (405)942-8377 Fax

ESL Classes/Classes de Ingles como Segundo Idioma**1. Oklahoma City University Metro BCM**<https://ocubcm.com/>*2407 N Kentucky Avenue, Oklahoma City, OK 73106*

Offers a free Conversational English class for beginners on Tuesdays mornings and Advanced English on Wednesday mornings at Oklahoma City University. Call 405 525-3535 to learn more.

Hours: Monday 9 a.m.-3 p.m.
 Tuesday 9 a.m.-3 p.m.
 Wednesday 9 a.m.-3 p.m.
 Thursday 9 a.m.-3 p.m.
 Friday 9 a.m.-3 p.m.
 Phone: (405) 525-3535
 (405) 323-8447

2. Capitol Hill Baptist Church<https://www.capitolhillbaptist.org/>*304 SW 134th St., Oklahoma City, OK 73170*

Offers English classes for free, apart from a small fee for learning materials. Citizenship and Spanish classes also are available.

Phone: (405) 799-9799

3. Integris Health Medical Center<https://integrisok.com/>*3300 Northwest Expressway, Oklahoma City, OK 73112*

Offers free classes on Monday and Wednesday evenings.

Citizenship classes and classes in basic Spanish literacy for native Spanish speakers also are available.

Phone: (405) 636-7459

4. Oklahoma City Community College

www.occc.edu/coe/esl.html

7777 South May Avenue, Oklahoma City, OK 73159

Offers free classes taught by certified instructors that meet twice per week for 2.5 hours each time in 16-week sessions. Citizenship classes also are available.

Phone: (405) 686-7873