

FRANCIS TUTTLE
COMMUNITY RESOURCE GUIDE
OF
GREATER OKLAHOMA CITY

Resource Information & Referral

Call 211

www.211oklahoma.org

What is 2-1-1?

2-1-1 is an easy to remember telephone number that connects people with important community services and volunteer opportunities. While services that are offered through 2-1-1 vary from community to community, 2-1-1 provides callers with information about and referrals to human services for every day needs and in times of crisis.

Mission

The Oklahoma 2-1-1 Advisory Collaborative is committed to the implementation of single points of entry to health and human services in all regions of the state. 2-1-1 telephone information and referral is intended to increase access in a manner that is consistent with the Alliance of Information and Referral Systems (AIRS)

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A. CHILD CARE

1. Resource & Referral --Child Care Connection--

www.rainbowfleet.org

1105 N.W. 45th St., Oklahoma City, OK 73118

The Resource Center

Hours: Monday 8 a.m.-5 p.m.
 Tuesday 8 a.m.-5 p.m.
 Wednesday 8 a.m.-5 p.m.
 Thursday 8 a.m.-5 p.m.
 Friday 8 a.m.-5 p.m.

Phone: (405) 521-1426 Call for rate
 1-800-438-0008
 (405) 525-8783 for Spanish

2. Boys & Girls Club of Oklahoma County

<http://www.bgcokc.org/>

3535 N Western Ave, Oklahoma City, OK

11am-7pm Annual Membership \$10

Ages 6-18 must be in 1st grade

Need to bring and Shot record

Serves a 3-mile radius from NW 36th & N Western

Phone: (405) 521-9292

3. Francis Tuttle Child Development Center

12777 N Rockwell Ave, Oklahoma City, OK

Hours: Monday 7 a.m.-6 p.m.
 Tuesday 7 a.m.-6 p.m.
 Wednesday 7 a.m.-6 p.m.
 Thursday 7 a.m.-6 p.m.
 Friday 7 a.m.-6 p.m.

Phone: (405) 717-4327

4. Community Action Agency (Head Start)

<http://www.caaofokc.org/>

319 SW 25th St, Oklahoma City, OK

Hours: Monday 8 a.m.-5 p.m.
 Tuesday 8 a.m.-5 p.m.
 Wednesday 8 a.m.-5 p.m.
 Thursday 8 a.m.-5 p.m.
 Friday 8 a.m.-5 p.m.

Phone: (405) 232-0199 Press 9

5. YMCA Prime-Time After-School Care**Edmond Branch**

Hours: Monday 5 a.m.-10 p.m.
 Tuesday 5 a.m.-10 p.m.
 Wednesday 5 a.m.-10 p.m.
 Thursday 5 a.m.-10 p.m.
 Friday 5 a.m.-9 p.m.
 Saturday 7 a.m.-6 p.m.
 Sunday 1 p.m.-5 p.m.

Phone: (405) 348-9622

Northside Branch

Hours: Monday 5 a.m.-9:30 p.m.
 Tuesday 5 a.m.-9:30 p.m.
 Wednesday 5 a.m.-9:30 p.m.
 Thursday 5 a.m.-9:30 p.m.
 Friday 5 a.m.-9:30 p.m.
 Saturday 7 a.m.-5 p.m.
 Sunday 1 p.m.-5 p.m.

Phone: (405) 751-6363

Southside Branch

Phone: (405) 681-6636

6. YWCA**Gaylord Branch**

2460 W I-44 Service Rd, Oklahoma City, OK

Victims of domestic violence and sexual assault

Phone: (405) 948-1770

B. CLOTHING – Free or Low Cost**1. Christian Service Center**

<http://www.christiansercicecenter.net/>

115 SW 24th St, Oklahoma City, OK

Clients must be low income. Need photo ID in English,

May come once every 90 days.

Hours: Monday 9 a.m.-2 p.m.
 Tuesday 9 a.m.-2 p.m.
 Wednesday 9 a.m.-2 p.m.
 Thursday 9 a.m.-2 p.m.
 Friday 9 a.m.-2 p.m.

Phone: (405) 236-5956

2. First Baptist Church-Nicoma Park

<http://www.firstpark.org>

1931 Nichols Dr., Oklahoma City, OK

Clothing and Food ministry

Photo ID required

Hours: Friday 10 a.m.–1 p.m.

Phone: (405) 769-5623

3. Good Shepherd Ministries

<http://www.goodshepherdokc.org/>

222 NW 12th St, Oklahoma City, OK

Adult medical & dental clinic call for app

Child dental clinic call for appointment

Hours:

Food Pantry:

Monday 4:30 p.m.-6:30 p.m.

Tuesday 4:30 p.m.-6:30 p.m.

Thursday 9 a.m.-11:30 a.m.

Clothing closet:

Monday 4:30p.m.-6:30 p.m.

Tuesday 1 p.m.-2:30 p.m.

Thursday 1 p.m.-2:30 p.m.

Phone: (405) 232-8631

4. Hope Center of Edmond

<https://hopecenterofedmond.com/>

1251 N Broadway, Edmond, OK

Clients must live in following zip codes: 73034, 73013, 73003, 73007

Hours: Monday 8:30 a.m.-4 p.m.

Tuesday 8:30 a.m.-4 p.m.

Wednesday 8:30 a.m.-4 p.m.

Thursday 8:30 a.m.-4 p.m.

Friday 8:30 a.m.-12 p.m.

Phone: (405) 348-1340

5. Jesus House-Warehouse

<http://www.hopecenterofedmond.com/>

1401 W Sheridan Ave, Oklahoma City, OK

Hours: Monday 8 a.m.-5 p.m.

Tuesday 8 a.m.-5 p.m.

Wednesday 8 a.m.-5 p.m.

Thursday 8 a.m.-5 p.m.

Friday 8 a.m.-5 p.m.

Phone: (405) 348-1340

6. Skyline Urban Ministry

<http://www.skylineurbanministry.org/>

500 SE 15th St, Oklahoma City, OK

Hours: Monday 1 p.m.-6 p.m.
 Tuesday 9 a.m.-2 p.m.
 Wednesday 1 p.m.-4 p.m.
 Thursday 9 a.m.-2 p.m.
 Friday 9 a.m.-12 p.m.

Phone: (405) 632-2644

7. Suited for Success

<http://www.suitedforsuccessokc.com/>

FT Students can receive vouchers for business attire
Before going on first interview.

For applications on campus see:

Amy Hanson (405) 717-4261 (Reno)

Vera Cheek (405) 717-4650

Phone: (405) 521-1089

8. Thrift Stores**Nearly New**

9218 N Western, OKC

(405) 848-4141

Salvation Army

(405) 236-3060

1742 W Lindsay-Norman

(405) 364-0126

301 N Mustang Rd

(405) 376-1044

620 City Ave, Moore

(405) 912-3376

EARC

100 E 3rd, Edmond

(405) 285-7658

Bargain Thrift

4545 NW 16th St, OKC

(405) 948-1092

10700 N Western Ave

(405) 753-6561

Goodwill

1317 E Lindsay-Norman

(405) 321-0551

6830 E Reno, Midwest City

405-737-3860

Uptown Thrift

7511 SE 15th, Midwest City

(405) 733-0272

C. CONSUMER SERVICES**1. Better Business Bureau**

<http://www.bbb.org/local-bbb/better-business-bureau-of-central-oklahoma>

17 S Dewey, Oklahoma City, OK

Consumer Complaints

Hours: Monday 8:30 a.m.-4:30 p.m.

 Tuesday 8:30 a.m.-4:30 p.m.

 Wednesday 8:30 a.m.-4:30 p.m.

 Thursday 8:30 a.m.-4:30 p.m.

Friday 8:30 a.m.-4:30 p.m.
 Phone: (405) 239-6081

2. Community Action Agency of OKC/Canadian Counties

<http://www.caaofokc.org/>

319 SW 25th, Oklahoma City, OK
 FEMA Mortgage/Rental Assistance
 Services vary

Hours: Monday 8 a.m.-5 p.m.
 Tuesday 8 a.m.-5 p.m.
 Wednesday 8 a.m.-5 p.m.
 Thursday 8 a.m.-5 p.m.
 Friday 8 a.m.-5 p.m.

Phone: (405) 232-0199

3. Internal Revenue Service

<https://www.irs.gov/taxpayer-advocate>

Call or see their web page for Counseling Services & Programs

Phone: (405) 297-4057

D. COUNSELING SERVICES & PROGRAMS

Oklahoma Mental Health and Substance Abuse

www.odmhsas.org

Resource & Referral -- Reach-Out Hotline --
 OK Dept. Mental Health & Substance Abuse Service's 24-hr toll
 free crisis, information and referral hotline

Call SAM -- Anxiety/Stressed/Depressed

Phone: 800-522-9054

1-855-223-2SAM (2726)

Alcohol and Drugs

1. AACI

<https://aaci.org/>

Phone: (405) 975-2370

2. Alcoholics' Anonymous

<https://www.aa.org/>

Phone: (405) 524-1100

3. Alcohol/Drug Treatment Referral Center

<http://www.trcok.com>

Phone: (405) 525-2525

4. Alcohol Training & Educ.

<https://okduischool.com/>

Phone: (405) 943-7483

5. Chance to Change

<https://achancetochange.org/>

Phone: (405) 840-9000

6. Red Rock Counseling

<https://www.red-rock.com/>

Phone: (405) 424-7711

7. North Care Center

<https://www.northcare.com>

Phone: (405) 858 2700

8. Reachout

<http://www.okdrs.org/guide/reach-out>
 Phone: 1 (800) 522-9054
 (405) 248-9200

9. Turning Point

<http://www.turningpointokc.com/>
 Phone: (405) 227-3757

Cancer Groups**1. American Cancer Society**

<https://www.cancer.org/about-us/local/oklahoma.html>
 Phone: (405) 843-9888
 1 (800) 227-2345

Domestic Violence**1. Passageway-Women's Crisis Center**

<https://www.ouhsc.edu/Safeprogram/>
 Phone: (405) 949-1866 Hotline

2. Rape Crisis Center

<https://www.occc.edu/support/assault.html>
 Phone: (405) 943-RAPE Hotline
 (405) 528-8686

3. Safeline

<https://www.thehotline.org/>
 Phone: 1 (800) 522-7233 Hotline

4. YWCA

<https://www.ywcaokc.org/>
 Phone: (405) 948-1770 Admin office
 (405) 917-9922 Hotline

Emergency/In-Patient**1. Heartline**

www.heartlineoklahoma.org
 Phone: (405) 848-2273
 2-1-1 Heartline

2. St. Anthony's Behavioral Medicine

www.saintsok.com
 Phone: (405) 272-6216

3. Integris Mental Health

<https://integrisok.com/services/line/mental-health-and-psychiatry>
 Phone: (405) 951-2273
 911 Emergency

4. Cedar Ridge

<https://cedarridgebhs.com/>

Phone: (405) 605-6111

5. Children's Recovery Center

[Childrens Recovery Center of Oklahoma - Norman, OK \(drug-rehabs.org\)](http://ChildrensRecoveryCenterofOklahoma-Norman.OK.drug-rehabs.org)

Phone: (405) 573-3819

For Women**1. Birth Choice**

[Willow Pregnancy Support – Pregnancy Clinic & Outreach Center](#)

Phone: (405) 631-4477

2. Planned Parenthood

www.plannedparenthood.org

Phone: (405) 528-2157

3. Women's Resource Center/Women's Shelter

[Women's Resource Center | Helping Women Live Better Lives \(wrcnormanok.org\)](#)

Phone: (405) 364-9424

General**1. Catholic Charities**

<https://stjosephsok.org/missionary-outreach/counseling>

Phone: (405) 524-0969

2. Life Counseling

<https://www.nwokc.com/list/member/renew-counseling-center-at-snu-bethany-180>

Phone: (405) 717-6200

3. North Care Center

Phone: (405) 272-0660

4. Edmond Family Services

<https://www.edmondfamily.org/>

Phone: (405) 341-3554

5. Red Rock Mental Health Care

<https://www.red-rock.com/>

Phone: (405) 424-7711

1 (855) 999-8055 Toll free

6. Youth Services

<http://www.okdrs.org/guide/youth-services-oklahoma-county-inc>

Phone: (405) 235-7537

7. The Center for Brief Counseling

UCO-3rd floor of the new Education Building

<https://www.uco.edu/ceps/centers-and-clinics/center-for-brief-counseling/>

Phone: (405) 974-5290

Heart Support Services

1. American Heart Association

<https://www.heart.org/en/affiliates/oklahoma/oklahoma-city>

Phone: (405) 415-3030

Loss of Loved Ones

1. Calm Waters (For Children)

<https://www.calmwaters.org/>

Phone: (405) 841-4800

2. Grief Support (Mercy)

<https://www.mercy.net/practice/mercy-pastoral-services-oklahoma-city/>

Phone: (405) 752-3776

3. Chapter Two (Integrus Baptist)-adults

<https://integrusok.com/services>

Phone: (405) 949-3195

4. Grief Support (St. Anthony)

<https://www.ssmhealth.com/resources/for-patients/pastoral-care>

Phone: (405) 272-6220

5. Grief Support (OU Med Center)

<https://www.oumedicine.com/oumedicine/ou-medical-center/hospital-Information/pastoral-care>

Phone: (405) 271-5186

Parenting and Family

1. Catholic Charities

www.catholiccharities.org

Phone: (405) 523-3000

2. Child Study Center

<https://www.oumedicine.com/ou-physicians/locations-of-care/child-study-center>

Phone: (405) 271-5700

3. Okla. County Health Department

https://www.ok.gov/health/Family_Health/Child_Guidance_Program/Child_Guidance_Program/index.htm

Child guidance, immunizations, screenings

Phone: (405) 271-5600

4. Oklahoma County Health Dept.

“Children First Program” - Helps first-time mothers & their families

[Children First \(occhd.org\)](http://ChildrenFirst.occhd.org)

Phone: (405) 419-4106

5. West Division

www.occhd.org

Women’s Health & Maternity

Phone: (405) 419-4150

6. Parent Assistance Center

www.familybuildersok.org

Phone: (405) 232-8226

Support Groups**1. Catholic Charities**

<https://catholiccharitiesok.org/get-help>

Phone: (405) 523-3000

2. AIDS Hotline

https://www.ok.gov/health/Oklahoma_State_Department_of_Health_Hotlines.html

Phone: (800)-535-2437

3. Alzheimer’s Association

<https://www.alz.org/oklahoma>

Phone: (405) 319-0780

4. Divorce (Pastoral Center)

<https://archokc.org/contact>

Phone: (405) 721-1810

5. Lupus Association

<https://www.oklupus.org/>

Phone: (405) 503-5386

6. MADD (Mothers Against Drunk Drivers)

<https://www.madd.org/>

Phone: (405) 748-3122

7. Parent/child Abuse Okla.<https://parentpromise.org/>

Phone: (405) 232-2500

8. Divorce Counseling-Catholic Charities<https://stjosephsok.org/missionary-outreach/counseling>

Phone: (405) 524-0969

Terminal Illness**1. Hospice (Integris)**<https://integrisok.com/locations/hospice-and-home-care/integris-hospice-in-okc>

Phone: (405) 848-8884

E. DENTAL/MEDICAL/EYE CARE

There are various medical programs that offer general or specialized clinic services to low-income and unemployed families and individuals. Fees are based on clients' ability to pay. If hospitalization is needed, ask hospital about Social Work Dept. and Title 19 funds. To determine services provided, call the agencies listed below:

1. Baptist Mission Centerhttp://cbaokc.net/baptist_mission_center

Medical & Dental Clinics, Pharmacy

Phone: (405) 235-6162

2. Catholic Charities<https://catholiccharitiesok.org/>

Phone: (405) 523-3000

3. Family Medical Clinics<https://www.oumedicine.com/oumedicine/primary-care>

Phone: (405) 271-4311

4. Good Shepherd Ministries<http://goodshepherdokc.org/>

Medical & Dental Clinics

Phone: (405) 232-8631

5. Healing Hands Health Care Service (for the homeless)<https://communityhealthok.org/healing-hands-health-care-services-okc>

Phone: (405) 272-0476

6. Infant Crisis<https://www.infantcrisis.org/>

Phone: (405) 528-3663

7. Integris Health (Southwest Medical)

<https://integrisok.com/locations/hospital/integris-southwest-medical-center>

24 hours a day

Phone: (405) 636-7000

8. Little Flower Church Clinic

Hours:	Monday	1 p.m.-7p.m.	Pediatric
	Tuesday	5:30 p.m.	Adults
	Wednesday	5:30 p.m.	Adults
	Thursday	5:30 p.m.	Adults

Phone: (405) 235-7055

9. NSO Dental Clinic

<https://nsookc.org/dental/>

Phone: (405) 236-0452

10. OK County Health Department

<https://occhd.org>

Phone: (405) 427-8651

11. OK Society to Prevent Blindness

<https://vizavance.org/>

Phone: (405) 848-7123

12. OU College of Dentistry

Phone: (405) 271-6056

13. Prevent Blindness America

[A Lifetime of Healthy Vision - Prevent Blindness](#)

Phone: 1-800-331-2020

14. Rose State University Hygiene Clinic

(\$5 Charge for teeth cleaning)

Phone: (405) 733-7336

15. Variety Health Center

www.varietycare.org

Phone: (405) 632-6688

16. Kings Klinik

<https://www.kingsklinik.com/>

Phone: (405) 848-4005

17. Community Action

<https://communityactionpartnership.com/>

Phone: (405) 949-1495

18. Crossings Community Clinic<https://crossings.church/clinic/>

Phone: (405) 749-0800

19. LIONS Eye Bank<https://www.oklahomalionseyebank.org/>

Phone: (405) 557-1393

20. Oklahoma Mission of Mercy<https://www.okmom.org/>

Free Dental Clinics in February around Oklahoma

21. D-Denthttps://www.d-dentok.org/d-dentok.org/D-DENTs_Programs.html

Dental care for adults with disabilities & seniors

Phone: (405) 424-8092

22. Edmond-Ministries of Jesus Dental Clinic<http://www.moj.com/>

Phone: (405) 340-7400

23. NSO Dental Clinic<https://nsookc.org/>

Phone: (405) 236-0413

24. Perry A. Klaassen Family Dental Clinic<https://communityhealthok.org/>

Phone: (405) 769-3301

F. EDUCATION**1. GED Testing**<https://academy.putnamcityschools.org/>

*Call first for application and test fee price

Phone: (405) 495-8838

2. OKC Community College<http://www.occc.edu/acs/gedclasses.html>

Phone: (405) 682-7531

3. Education and Employment Ministry<https://www.teem.org/>

Phone: (405) 235-5671

4. Opportunity Industrialization Center<https://oicokc.org/about/>

Phone: (405) 235-2651

5. **Community Literacy Center**
5131 N Classen Cr, Suite 204
<https://www.communityliteracy.com/>
Phone: (405) 524-7323
6. **Work Force Oklahoma**
<http://swb-ok.com/>
Phone: (580) 745-5397

G. EMPLOYMENT

1. **AARP Senior Employment**
<https://local.aarp.org/oklahoma-city-ok/jobs/?keyword=senior+employment+&location=+Oklahoma+City%2C+OK+&submit=Find+Now%21>
5300 N. Meridian Ave #8
Phone: (405) 879-3899
2. **Community Action Agency**
<https://www.caaofokc.org/>
Phone: (405) 232-0199
3. **Express Personnel**
6401 NW Expressway, OKC, Suite 108
<https://www.expresspros.com/OKC/>
Phone: (405) 720-1000

804 West I-240 Service Rd, OKC
<https://www.expresspros.com/OKC/>
Phone: (405) 634-6600
4. **Work Force Oklahoma**
<http://swb-ok.com/>
Phone: (405) 208-2519

H. EX-OFFENDER PROGRAMS

1. **Reentry Programs**
<https://exoffenders.net/reentry-programs-assistance/oklahoma/>
2. **Cardinal Halfway House**
<https://cardinalcommunityhouse.com/>
517 SW 2nd, Oklahoma City, OK
Phone: (405) 232-0231

I. FOOD

1. Central SDA Church

<https://www.okccentralsda.org/contact>

4747 NW 63rd St, Oklahoma City, OK

Based on income and number in family.

Drive under covered walkway, building to left behind parking lot.

First door on east side of building.

Need ID, Proof of residency (utility bill)

Hours: Wednesday 10 a.m.-2 p.m.

2. Food Closet

Francis Tuttle--See Career Planning Center

3. Food Stamps – DHS

<http://www.okdhs.org/services/snap/Pages/default.aspx>

To apply for food stamps you must have:

1. Social Security Number
2. Driver's License
3. Birth Certificate for each child
4. Rent Receipt to show residency
5. Must not have QUIT job within the past 60 days. If you apply for emergency stamps, you will receive them in about 7-10 days. DHS will give you the name of a food pantry where you can get food for 5 days.

North

2409 N Kelly, OKC

Phone: (405) 522-5818

South

309 SW 59th Ste. 200, OKC

Phone: (405) 644-5700

Southeast

7430 SE 15th, OKC

Phone: (405) 739-8000

4. Guild of St. George

<http://www.okdrs.org/guide/guild-st-george>

117 NW 7th, Oklahoma City, OK

Hours: Monday 9 a.m.-12 p.m.

Wednesday 9 a.m.-12 p.m.

Friday 9 a.m.-12 p.m.

Phone: (405) 232-2288 (recorded message)

6. Grace Rescue Mission

http://www.cbaokc.net/grace_rescue_mission

2205 Exchange Ave, Oklahoma City, OK

(Call before 6pm for serving line)

Phone: (405) 232-5756

7. Hope Center of Edmond

<https://hopecenterofedmond.com/>

1251 N Broadway, Edmond, OK

Clients must live in following zip codes: 73034, 73013, 73003, 73007

Hours: Monday 9:30 a.m.-5 p.m.
 Tuesday 9:30 a.m.-5 p.m.
 Wednesday 9:30 a.m.-5 p.m.
 Thursday 9:30 a.m.-5 p.m.
 Friday 9:30 a.m.-12 p.m.

Phone: (405) 348-1340

8. Salvation Army Serving Line and Food Pantry

<https://salvationarmyokcac.org/social-services/food-assistance/>

Hours: Monday 9 a.m.-12 p.m.
 Tuesday 9 a.m.-12 p.m.
 Wednesday 9 a.m.-12 p.m.
 Thursday 9 a.m.-12 p.m.
 Friday 9 a.m.-12 p.m.

Phone: (405) 246-1100

J. HOUSING**1. Christian Service Center**

<http://christianservicecenter.net/>

115 SW 24th St, Oklahoma City, OK

Hours: 9 a.m.-2 p.m. Furniture

Phone: (405) 232-7696

2. HUD, Section 8, & OCHA

<https://affordablehousingonline.com/>

3. Oak Ridge

<https://www.myoakridgeapts.com/>

3344 S Bryant, Del City, OK

Phone: (405) 670-2607

4. College View

<https://www.apartments.com/college-view-apartments-edmond-ok/8enj7r1/>

1124 Kennedy, Edmond, OK

Phone: (405) 341-2867

5. Jamestown Square Apts

https://www.publichousing.com/details/jamestown_square

1200 NW 10th Pl, Moore, OK

Phone: (405) 848-3118

6. Chaparral Townhouses

<https://www.liveatlondonsquareapt.com/home.aspx>

1301 N Stiles, Oklahoma City, OK

Phone: (844) 913-7105

7. Hillcrest Green Apts

<https://www.apartmentfinder.com/>

3317 SW 75th, Oklahoma City, OK

Phone: (405) 682-2622

8. Rockwell Villa Apts

<https://www.apartmentfinder.com/>

929 N Rockwell, Oklahoma City, OK

Phone: (405) 787-9403

9. Will Rogers Apts

<https://www.apartmentfinder.com/>

1620 Heyman, Oklahoma City, OK

Phone: (405) 632-6060

10. Oak Grove Apts

<https://www.ochanet.org/>

3301 SW 17th, Oklahoma City, OK

Phone: (405) 681-2381

11. Sooner Haven

<https://www.apartmentfinder.com/>

1444 NE 36th, Oklahoma City, OK

Phone: (405) 424-4651

12. Fred Factory Gardens

<https://www.ochanet.org/>

3901 Dunjee Blvd, Oklahoma City, OK

Phone: (405) 769-3393

13. Ambassador Courts

<https://www.apartmentfinder.com/>

800 SE 15th, Oklahoma City, OK

Phone: (405) 631-3769

14. Neighborhood Services Organization, Inc.

<https://nsookc.org/>

8101 S Walker Ave, Oklahoma City, OK

Phone: (405) 236-0452

15. Oklahoma City Housing Authority

<http://www.ochanet.org/>

1700 NE 4th, Oklahoma City, OK

Phone: (405) 239-7551

16. Guthrie Housing Authority

<http://guthriehousing.org/>

1524 E Perkins, Guthrie, OK

Phone: (405) 282-3246

17. Oklahoma Housing Finance Agency

<http://www.ohfa.org/>

1140 NW 63rd St, Oklahoma City, OK

Hours: Monday 8 a.m.-4:45 p.m.

Tuesday 8 a.m.-4:45 p.m.

Wednesday 8 a.m.-4:45 p.m.

Thursday 8 a.m.-4:45 p.m.

Friday 8 a.m.-4:45 p.m.

Phone: (405) 848-1144

18. Salvation Army Men and Women's Shelter

[Homeless Shelters | The Salvation Army USA](#)

330 SW 4th, Oklahoma City, OK

Phone: 1-800-SAL-ARMY

K. LEGAL SERVICES**1. Legal Aid of Western Oklahoma Oklahoma & Canadian Co only**

<https://www.legalaidok.org/>

2901 Classen Blvd, Suite 112, Oklahoma City, OK

Oklahoma & Canadian Counties only

Hours: Monday 8:30 a.m.-5 p.m.

Tuesday 8:30 a.m.-5 p.m.

Wednesday 8:30 a.m.-5 p.m.

Thursday 8:30 a.m.-5 p.m.

Friday 8:30 a.m.-5 p.m.

Phone: (405) 557-0020

2. OK CO Bar Associations

[Oklahoma Bar Association – Oklahoma Bar Association \(okbar.org\)](#)

119 N Robinson, Oklahoma City, OK

Low cost fees are charged

Phone: (405) 416-7000

L. MISCELLANEOUS RESOURCES**1. Social Security Benefits**

<https://www.ssa.gov/onlineservices/>

2615 Villa Prom, Oklahoma City, OK

Retirement/Disability/Survivors Benefits

Phone: 1-800-772-1213

2. Urban League of Greater OKC

<https://www.urbanleagueok.org/>

3900 N. Martin Luther King, Oklahoma City, OK

Food, after school tutoring, education and workforce training,

Small business, 1st time homebuyers

Phone: (405) 424-5243

3. Veterans Benefits

<https://www.va.gov/>

Phone: 1-800-827-1000

M. OTHER RESOURCES

For assistance with welfare, childcare, food stamps and other services provided by the Department of Human Services.

1. DHS

<http://www.okdhs.org>

2409 N Kelly, Oklahoma City

(405) 522-5818

401 W Commerce, Oklahoma City

(405) 644-5700

9901 SE 29th St, Oklahoma City

(405) 739-8000

940 NE 13th, Oklahoma City

(405) 271-3325

631 E Robinson, Norman

(405) 321-1434

219 S Broad, Guthrie

(405) 282-4500

N. PRESCRIPTIONS

1. Neighbor for Neighbor

<https://www.neighborforneighbor.org/donate>

300 SW 13th, Oklahoma City, OK

Phone: (918) 425-5578

2. Oklahoma County Pharmacy

Phone: (405) 602-1470

**Must call to verify coverage

3. The Medicine Program

<http://www.themedicineprogram.com>

Phone: (800) 897-8440

4. OK DRS Section 6: Prescription Drug Assistance:

http://www.okdrs.org/guide/05_06

Phone: (540) 569-0476

5. Rx for Oklahoma Prescription Assistance:

[Rx for Oklahoma Prescription Assistance | Oklahoma Department of Commerce \(okcommerce.gov\)](https://www.okcommerce.gov)

Phone: (405) 815-6552

6. Oklahoma Rx Assistance Programs:

<https://www.staterxplans.us/oklahoma.html>

Phone: (405) 271-4636

O. SENIORS**1. Senior Employment Program (AARP)**

<https://www.aarp.org/aarp-foundation/our-work/income/scsep/>

5300 N. Meridian Ave #8

Phone: (405) 879-3899

2. Areawide Aging Agency

<https://www.areawideaging.org/>

3200 NW 48th Suite 104, Oklahoma City, OK

Phone: (405) 942-8500

P. SERVICES FOR PERSONS WITH DISABILITIES**1. Vocational Rehabilitation or Visual Services**

[Vocational Rehabilitation \(oklahoma.gov\)](https://www.okcommerce.gov)

3535 NW 58th St, Oklahoma City, OK

Phone: (405) 951-3470

Q. TRANSPORTATION**1. METRO-TRANSIT (Embark)**

<https://www.metrotransit.org/home>

Phone: (405) 235-RIDE (235-7433)

2. Guild of St. George

<http://www.okdrs.org/guide/guild-st-george>

117 NW 7th St, Oklahoma City, OK

Hours: Monday 10 a.m.-1 p.m.

Wednesday 10 a.m.-1 p.m.

Friday 10 a.m.-1 p.m.

Phone: (405) 232-2266

R. UTILITIES

1. DHS - Emergency Assistance

<http://www.okdhs.org/>

Low Income Home Energy Assistance Program

Energy Crisis Assistance Program

Apply at local DHS office (See Other Resources in this booklet for phone numbers)

Phone: (405) 522-5818

2. Guild of St. George

<http://www.okdrs.org/guide/guild-st-george>

117 NW 7th St, Oklahoma City, OK

Hours: Monday 10 a.m.-1 p.m.

Wednesday 10 a.m.-1 p.m.

Friday 10 a.m.-1 p.m.

Phone: (405) 232-2266

3. Hope Center

<https://hopecenterofedmond.com/>

1251 N Broadway, Edmond, OK

Phone: (405) 348-1340

4. Lend-a-Hand Program - OG&E

<http://salvationarmyaok.org/programs/social-services/lend-a-hand/>

Funds dispersed through the Salvation Army

Phone: (405) 840-0735

5. Local churches maybe a resource for assistance with utilities through discretionary funds.

6. Neighbor for Neighbor

300 SW 13th, Oklahoma City, OK 73109

One Time only assistance

Gas/electric total bill not to exceed \$100 - will pay \$30-40

Water not to exceed \$75, will pay portion

Will not assist in public housing

Hours: Monday 9 a.m.-1:45 p.m.

Tuesday 9 a.m.-1:45 p.m.

Thursday 9 a.m.-1:45 p.m.

Friday 9 a.m.-1:45 p.m.

Closed from 12 p.m.-12:30 p.m.

Phone: (918) 425-5578

7. Salvation Army - Social Service Office

<http://salvationarmyokcac.org/>

330 SW 4th St, Oklahoma City, OK

Also contact for Share the Warmth program

Phone: (405) 246-1070

S. SERVICES FOR SPANISH SPEAKERS

Health Services/Servicio Medico

1. Centro Medico Hispano

<http://www.centromedicohispano.com>

1700 Exchange Ave. OKC, 73108

General Care for Families • Women, adult, and children's health •
Minor surgeries (sutures, abscesses, skin lesions, fat tumors,
etcetera) • Foot care (ulcers, ingrown toenails, infections, etc.)
Wound care. • Cancer Prevention • All kinds of Vaccines/shots and
Medications

Hours: Monday 1:30 p.m.–9 p.m.
 Tuesday 1:30 p.m.–9 p.m.
 Wednesday 1:30 p.m.–9 p.m.
 Thursday 1:30 p.m.–9 p.m.
 Friday 1:30 p.m.–9 p.m.
 Saturday 9 a.m.–1 p.m.

Phone: (405) 235-7411
 (405) 235-7412

2. Variety care

<http://www.varietycare.org/>

Several locations throughout the state

Hours: Hours vary from location
Phone: (405) 632-6688
 (866) 388-6688 – Toll free

3. Oklahoma Autism Network

<https://okautism.org/Information-Resources/Support-Groups>

University of Oklahoma Health Sciences Center

1200 North Stonewall Avenue, Oklahoma City, OK 73117

Phone: (405) 271-7476
 (877) 228-8476

Child Care/Guarderia

1. Mimi's Garden CDC Day Care

<http://mimisgardencdc.com/>

4520 SW 33rd St, Oklahoma City, OK 73179

Hours: Monday 6 a.m.-6 p.m.
 Tuesday 6 a.m.-6 p.m.
 Wednesday 6 a.m.-6 p.m.
 Thursday 6 a.m.-6 p.m.
 Friday 6 a.m.-6 p.m.

Phone: (405) 685-2122

Dreamland

3124 S Pennsylvania Avenue, Oklahoma City, OK 73119

Phone: (405) 606-4413

Tiny Town2616 SW 74th St, Oklahoma City, OK 73159

Phone: (405) 682-2122

Mimi's Learning Center8020 NW 10th St, Oklahoma City, OK 73127

Phone: (405) 762-0362

2. The Bilingual Schoolhouse<https://www.bilingualschoolhouse.com/>3131 NW 50th Oklahoma City, OK 73112

Hours: Monday 9 a.m.-3 p.m.

Tuesday 9 a.m.-3 p.m.

Wednesday 9 a.m.-3 p.m.

Thursday 9 a.m.-3 p.m.

Friday 9 a.m.-3 p.m.

Phone: (405) 476-1344

Insurance/Aseguranza**1. Insure Kids Now**<https://www.insurekidsnow.gov/>

Phone: 1 (877) 543-7669 (KIDS-NOW)

Legal Services**1. Attorney Part Of Fry & Elder**<https://fryelder.com/tulsa-spanish-speaking-attorney/>

1630 S. Main Street, Tulsa, OK 74119

As a member of the American Immigration Lawyers Association (AILA) and Hispanic National Bar Association (HNBA), Rivas provides a host of immigration law services that include:

- a) Asylum
- b) Business Immigration
- c) Citizenship/Naturalization
- d) Deferred Action for Childhood Arrivals
- e) Deportation/Removal Defense
- f) Family Immigration
- g) Fiancé Visa
- h) Humanitarian Relief
- i) Immigration Consequences of Criminal Activity
- j) Special Immigrant Juvenile Status
- k) Waivers

Phone: (918) 585-1107

2. Hispanic Equal Legal Protection, Inc.

https://www.immigrationadvocates.org/nonprofit/legaldirectory/organization.531177-Hispanic_Equal_Legal_Protection_Inc#:~:text=Yes-.Hispanic%20Equal%20Legal%20Protection%2C%20Inc.,attorney%20representation%20in%20court%20hearings.

3725 NW 32nd St., Oklahoma City, OK 73112

Hours: Monday 10 a.m.-4 p.m.
 Tuesday By appointment only
 Wednesday 10 a.m.-4 p.m.
 Thursday By appointment only
 Friday 10 a.m.-4 p.m.

Phone: (405) 708-9521

Support groups/Grupos de apoyo

1. National Hispanic Family Health Help Line, “Su Familia”

<https://www.healthyamericas.org/help-line>

Su Familia offers Hispanic consumers free and reliable health information to help prevent and manage chronic conditions. They maintain a nationwide database to refer callers to local health care providers and federally supported health programs.

Phone: 1(866) 783-2645 (1 (866) Su-Familia)

2. OKC Counseling Group

<https://okccounselinggroup.com/>

3000 United Founders Blvd, Suite. 148, Oklahoma City, OK 73112

Hours: Monday 8 a.m.-7 p.m.
 Tuesday 8 a.m.-7 p.m.
 Wednesday 8 a.m.-7 p.m.
 Thursday 8 a.m.-7 p.m.
 Friday 8 a.m.-7 p.m.

Phone: (405) 286-1657
 (405) 823-2691 Spanish

3. Drug Rehab and Treatment

<https://www.addicted.org/drug-alcohol-rehabs-for-spanish-speaking-individuals.html>

Phone: 1 (800) 304-2219

4. AL-ANON Family Groups

<https://al-anon.org/es/>

Phone: 1 (888) 4AL-ANON (1 (888) 425-2666)

5. AA Alcoholics Anonymous

www.aaoklahoma.org

Phone: (918)627-2224 24 Hr. Hotline
 (405)842-1200 Main number

6. Intergroup Service Office Inc.

www.okcintergroup.org

Phone: (405)949-0910 Main number
 (405)524-1100
 (405)942-8377 Fax

ESL Classes/Classes de Ingles como Segundo Idioma

1. Oklahoma City University Metro BCM

<https://ocubcm.com/>

2407 N Kentucky Avenue, Oklahoma City, OK 73106

Offers a free Conversational English class for beginners on Tuesdays mornings and Advanced English on Wednesday mornings at Oklahoma City University. Call 405 525-3535 to learn more.

Hours: Monday 9 a.m.-3 p.m.
 Tuesday 9 a.m.-3 p.m.
 Wednesday 9 a.m.-3 p.m.
 Thursday 9 a.m.-3 p.m.
 Friday 9 a.m.-3 p.m.
 Phone: (405) 990-1473

2. Capitol Hill Baptist Church

<https://www.capitolhillbaptist.org/>

304 SW 134th St., Oklahoma City, OK 73170

Offers English classes for free, apart from a small fee for learning materials. Citizenship and Spanish classes also are available.

Phone: (405) 799-9799

3. OIC of Oklahoma County

[Conversational English and Introduction to U.S. Citizenship Classes – OIC of Oklahoma County \(oicokc.org\)](http://www.oicokc.org)

Offers classes on Monday and Wednesday evenings from 5:30 p.m.-7:30 p.m.

Phone: (405) 235-2651

4. Oklahoma City Community College

[English as a Second Language - Oklahoma City Community College \(occ.edu\)](http://www.occ.edu)

7777 South May Avenue, Oklahoma City, OK 73159

Offers free classes taught by certified instructors that meet twice per week for 2.5 hours each time in 16-week sessions. Citizenship classes also are available.

Phone: (405) 682-7873

5. South Walker Church of Christ

Offers evening classes to primarily Spanish speaking customers

Phone: (405) 921-7740